



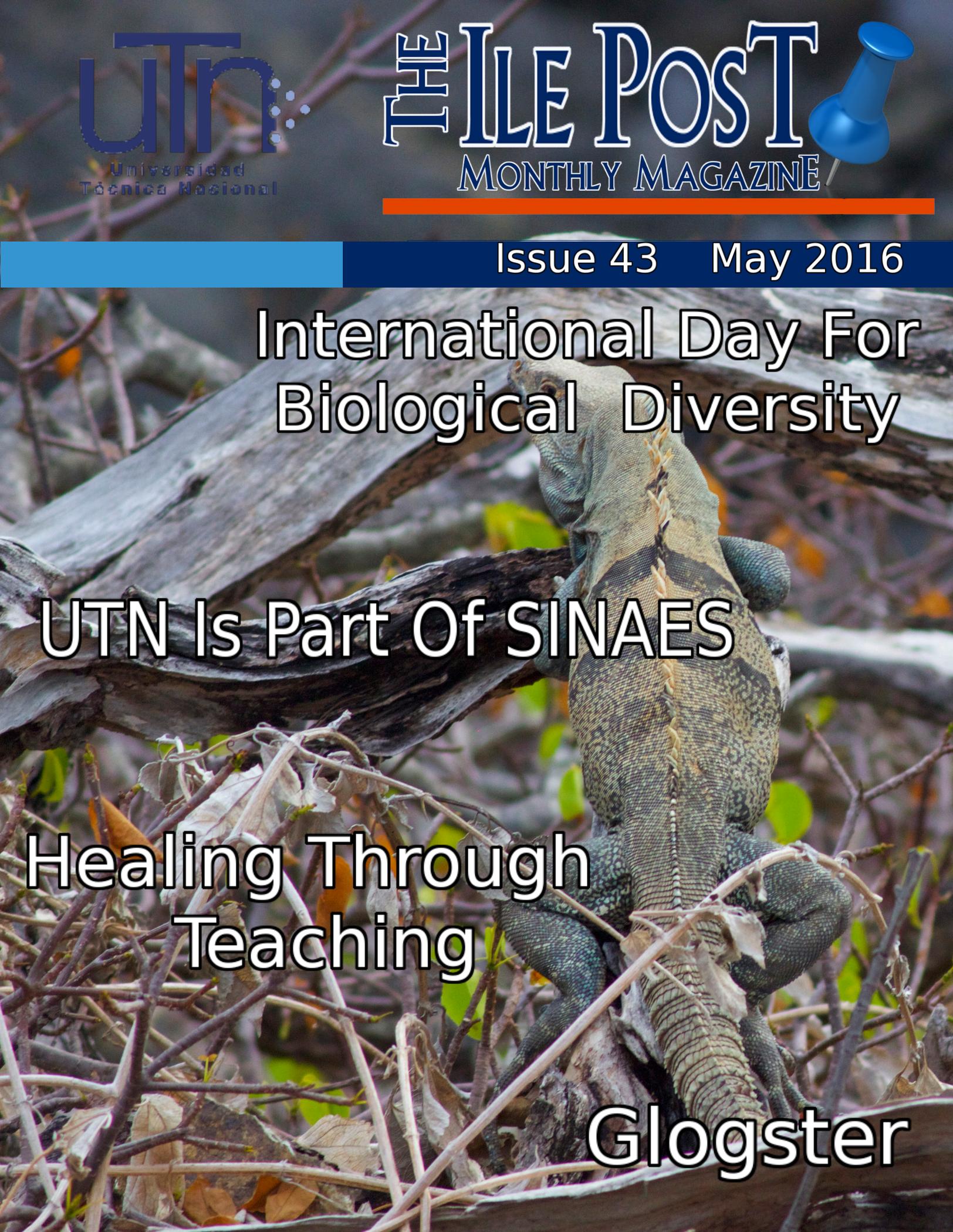
Issue 43 May 2016

International Day For Biological Diversity

UTN Is Part Of SINAES

Healing Through Teaching

Glogster



INSIDE

COVER PAGE

- 3 EDITORIAL
 - UTN NEWS
- 4 UTN Is Part Of SINAES
- 4 UTN And Coopeatenas Signed Agreement
- 5. Workshop On Academic Agricultural Business Unit Analysis
- 5 Volunteer Beach Clean Up
 - WORLD NEWS
- 6 Leicester City Crowned English Premier League Champions
- 6 Thailand Students Caught In High-Tech Cheating Scam
- 7 Lightning Strikes Leave 40 Dead In Bangladesh
- 7 Pope Francis: Being A Migrant Is Not A Crime
 - THE ILE ETHOS
- 8 The Upheavals Of Education
- 9 Healing Through Teaching
- 11 VOX POPULI
- 12 FACES AND PLACES
- 13 VALUE OF THE MONTH
- 14 LANGUAGES BITS
- 90 SECONDS WITH...
- 15 Rodney Salas
 - THE ATTIC OF BERTHA MASON
- 17 My Soul's Desire
- 17 Foolish Love
- 18 A Transformational Theatre Production by The Little Theater Group of Costa Rica
- 19 HUMOR
- TECHNOLOGY
- 20 Glogster
- 21 THIS MONTH IN HISTORY
- 22 International Day For Biological Diversity
- 23 PROVERB OF THE MONTH



Since 2001, the International Day for Biological Diversity is celebrated each year on the anniversary of this date. For this reason, we selected this picture that shows a little bit of the 4% biodiversity Costa Rica has. If you have an awesome picture you think could be the cover of one of The ILE Post editions, send it to eherrera@utn.ac.cr. So far several readers have sent amazing pictures that we will be sharing with you soon. If you want to know what is happening in ILE, follow us in FACEBOOK.

Picture taken by Eric Herrera

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EDITORIAL

Defying The Odds

by Eric Herrera (ILE Teacher)

“In an era when money counts for everything, I think we give hope to everybody.”

Claudio Ranieri



Taking into consideration the convulsive society we live in surrounded by crime, corruption, dishonesty and manipulation, where daily the big fish eats the small, it is difficult to think that money cannot buy success.

However, it is hopeful to see events in which against the odds, the opposite happens. A cheering example of this situation happened in England where the underdog Leicester City FC won the Premier League.

Leicester is a small city located at about one and a half hours from London, and with a population of 329,839. Leicester was a city that was known for its shoe and leather manufacturers. Leicester City Football Club, also known as the Foxes, was founded in 1884, and it is not until 132 years after that they win their first Premier League.

Just to have an idea of how improbable this championship was, before the start of Premier League season, Leicester City were a 5,000-to-1 shot to win the league in betting agencies. According to experts, the Foxes had the same chance to win as the chance that **Elvis was alive** or that **Bigfoot was real**. In addition, they only spent £48.2m on wage bills in comparison to £215.6m spent by Chelsea or £203m spent by Manchester United.

There are several lessons behind this feat. First of all, **to take advantage of what we have**, do not imitate others. With a collection of no-name players within one of the richest leagues in the world, Italian Head Coach Claudio Ranieri made the most of his players. In this way,

a player who came from the French club Le Havre for the relative pittance of £400,000 pounds now is worth £20 m.

A second lesson is that despite any little obstacles along the way, always **keep equanimity and good humor**. Being in the spotlight week after week, team players and coach would not be overwhelmed by other teams 'pressure and the press commenting everyday on how far Leicester City could go, smiles and jokes were the predominant during press conferences.

A third crucial aspect the Foxes taught us is the **importance of motivation**. Motivation is what energizes, maintains, and controls behavior. A motivated person finds meaning in what he/she does, works efficiently, creates a feeling of belonging and stimulates a friendly environment. In this case, there is no better motivation than to prove the world wrong. Imagine the feeling of satisfaction the Foxes got every time they checked the league standings, and they saw Leicester City in first place.

In brief, no matter how globalization tries to show us there is no chance for victory unless there is money in the middle, deep inside people continue believing in meritocracy. Sports and life in general allow room to improvement; believing that this or that is the only one with the right to succeed is a myth.

Hard work, talent, motivation and confidence are the keys to achieve goals or are key to achieve goals. Let the glory of the Foxes be an example of **determination and perseverance**.

UTN Is Part Of SINAES

On April 29th, UTN was officially incorporated to SINAES. The process to become part of SINAES demanded a lot of work from the Academic Assessment Department and the Teaching Chancellor Department, which collected information related to academic programs, staff, facilities and equipment, student population, majors, bachelor degrees and administrative support services.

Under the authority of CONARE, is the National Accreditation System of Higher Education, SINAES. This is the Costa Rican entity that is au-

thorized to maintain the quality of education in the public and private universities. All higher education institutions must pass SINAES rigorous evaluation process based on internationally accepted standards in order to maintain accreditation. Additionally, SINAES recently became the fourth educational institution worldwide and the first in Latin America to receive the recognition of quality from the International Network for Quality Assurance in Higher Education, INQAAHE, which is the most important international network of educational

quality assurance in the world. Furthermore, SINAES is the first institution in Central America to receive accreditation from the Central American Accreditation Council, CCA, an organization formally recognized by all Central American countries.



UTN And Coopeatenas Signed Agreement

UTN and Coopeatenas subscribed a cooperation agreement to coordinate efforts, knowledge and resources for the implementation of joint activities in the areas of teaching, research, extension and technical cooperation and information exchange to develop several projects in areas of mutual interest to both organizations.

The agreement will allow both institutions to work in order:

- To promote educational programs on sustainable development and environmental protection
- To implement training on entrepreneurship for Coopeatenas members and their relatives

- To provide technical consultancies for future development projects on Coopeatenas behalf
- To organize programs of internships of a practical nature in areas of common interest
- To collaborate in research and training programs

During the signing of the agreement, Atenas Cam-

pus Dean Rodney Cordero said: "it is rewarding to sign a collaboration agreement with one of the most efficient cooperatives in Costa Rica. There is strong interaction between the agricultural and agrobusiness majors UTN offers and the different activities that are carried out in the cooperative."



Workshop On Academic Agricultural Business Unit Analysis

With the support of the Inter-American Institute for Cooperation on Agriculture (IICA), UTN Atenas Campus organized the first "Comprehensive Assessment Planning for a Productive Area Workshop." The object of the activity was setting indicators to assess a specific methodology for the integral analysis of the property for the benefit of education in order to maximize quality and productivity with a rational use of resources.

The event was held in IICA building in Coronado and had the participation of teachers, directors, researchers, and agricultural and livestock department chiefs. Activities included talks on climate change and farming production systems specifically addressed to the UTN reality. Attendants agreed that it was an interesting and productive workshop, and several potential improvement initiatives were proposed.



Volunteer Beach Clean Up

With nine kilometers of sandy shore and hundreds of thousands of visitors annually, some litter is inevitable. On April 25th, a group of UTN Guanacaste campus agronomy engineering students undertook a beach clean up in Carrillo Beach, Hojancha.



Hojancha Municipal Council worked together with UTN to organize these beach clean-ups and campaigns aimed at removing marine litter (marine debris). The garbage is removed for a more responsible and healthier disposal and, where possible, recycling or reuse of the material retrieved is encouraged.

It is expected that activities of this kind will increase in support to environment and sustainable development.

Leicester City Crowned English Premier League Champions

Leicester City have won the English Premier League title after closest rivals Tottenham Hotspur blew a two-goal lead to draw at last season's winners Chelsea.

Leicester City fans took to the streets late on Monday, May 2nd evening to celebrate the achievement, with children among them waving flags and scarves to celebrate the team's first title in its 132-year history.

Hundreds of supporters gathered to celebrate the title at Leicester's King Power Stadium, where the team will lift the trophy after their penultimate league game against Everton.

The champions began their ascent in 2009 when they won English football's third-tier League One

and second-tier Championship in 2014.

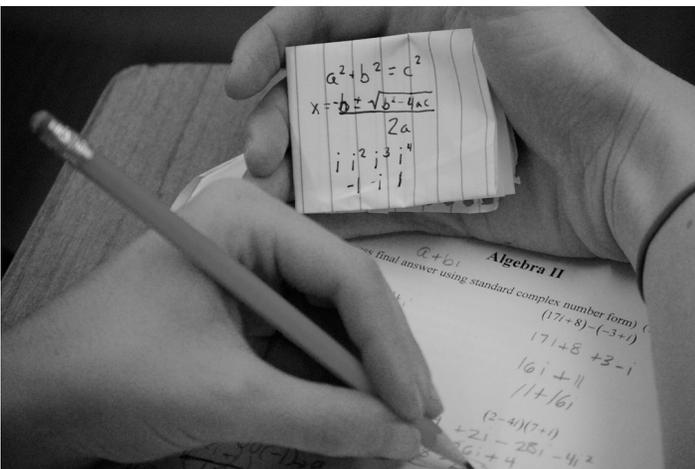
Leicester City began the season as 5,000/1 outsiders but the run of form that saved them from the drop last season showed no signs of ending.

The Foxes became the first club to win a maiden league title since Brian Clough's Nottingham Forest in 1978.



Information taken from: <http://mwcnews.net/news/sports/58663-premier-league-champions.html>

Thailand Students Caught In High-Tech Cheating Scam



A leading private university in Thailand is calling for a change in the law to prosecute students who cheat and the criminals who help them.

The call comes after the discovery of unusual high-tech cheating methods used by three female medical students.

Bangkok's Rangsit University cancelled its examinations on Saturday and Sunday for admission to its medical and dental faculties after the discovery of the methods, such as embedded cameras and smartwatches with stored information.

While cheating has long been a problem in Thai

schools and colleges, the use of high-tech gear has taken the practice to a new level.

The cameras were used to take pictures of the test sheet and the smartwatches to receive answers from someone outside.

Three students were caught by university staff overseeing the exam on Saturday. The next day three more were caught, but they were not trying to get into the university.

Officials said the students were part of a group that is charging students thousands of dollars for exam answers.

Thailand does not have a law to prosecute students who cheat - something Rangsit University wants changed.

"Exam cheating is not a minor offence. It's the start of other criminal offences," university administrator Kittisak Tripipatpornchai said.

"If we don't have law or tough measures to deal with this, our education system will never be competitive with other countries."

Educators say cheating has flourished because of an education system that makes exam scores the only criterion for assessing a student's ability and granting admission into places of higher learning.



Lightning Strikes Leave 40 Dead In Bangladesh



At least 40 people have been killed by lightning strikes in Bangladesh within 24 hours as violent thunderstorms rumbled across the country.

The Bangladesh Meteorological Department said the storms caused disruption across 14 districts including Dhaka. Their spokesman told DPA news agency that most of the fatalities occurred due to a lack of awareness.

Most of the deaths were reported in the capital. The northern districts of Rajshahi, Sirajgani and Pabna

were also badly hit.

Two 20-year-old students were killed during a football match in Dhaka's Jatrabari neighbourhood. Eight others were injured as the lightning bolt struck the ground.

The Hindu, a daily newspaper, reported that the casualties included a number of children who were playing in open grounds during the rain, but most of the victims were farmers working in their fields.

The rains do help to break the intense heat experienced ahead of the monsoon rains. However, the downpours are often accompanied by thunder and lightning.

Meteorologist Hafizur Rahman said "Bangladesh witnesses the seasonal northwestern storms every year from March to May". They are most evident in the Rajshahi and Sylhet regions and are otherwise known as kalboishakhis.

Bangladesh's Disaster Management Department has now launched a campaign to create awareness among people so that they remain inside during thunderstorms. Lightning kills around 300 people each year across the country.

Information taken from: <http://mwcnews.net/news/centrals-asia/58838-lightning-strikes.html>

Photo credit: https://farm8.staticflickr.com/7109/7633123988_cf4c4802a8.jpg



Pope Francis: Being A Migrant Is Not A Crime



Pope Francis has urged Europe to "tear down" the walls being built to keep out refugees and to create a radical new "social economy" serving the many not the few.

Invoking the memory of the European Union's founding fathers' pursuit of integration in the aftermath of World War II, the pontiff on Friday said they inspired because they had "dared to change radically the models"

that had led to war.

Saying he dreamed of a Europe in which "being a migrant is not a crime", Francis said: "Today more than ever, their vision inspires us to build bridges and tear down walls."

The comments came in a speech at the Vatican following the 79-year-old pontiff's presentation with the EU's Charlemagne Prize for his contribution to European unification.

Having unexpectedly decided to accept the award, Francis delivered a typically hard-hitting message to an audience including German Chancellor Angela Merkel and the heads of the EU's main institutions, the Council, the Commission, the Parliament and its central bank.

'What has happened to you?'

"What has happened to you, the Europe of humanism, the champion of human rights, democracy and freedom?" he asked.

"What has happened to you, Europe, the home of poets, philosophers, artists, musicians, and men and women of letters?"

Borrowing a phrase from writer and Holocaust survivor Elie Wiesel, the Argentinian pontiff said Europe needed a "memory transfusion" to free itself from the temptation of "quick and easy short-term political gains."

And after that reference to the migrant crisis, Francis went on to say Europe had to fundamentally change its economic model.

"If we want to rethink our society, we need to create dignified and well-paying jobs, especially for our young people."

Information taken from: <http://mwcnews.net/news/europe/58713-being-a-migrant.html>
Image taken from: https://farm4.staticflickr.com/3947/15357088449_e1c543937b_k.jpg



The Upheavals Of Education

By Marlin Pérez (ILE Professor)



Education is a process conceived for all of us in different ways. For most parents it is the inclusion in a structured system in which children will be able to acquire knowledge and a bunch of rules to lead their lives in society. For many teachers it is a way to make ends meet, for

politicians it is a way to keep on with the lines of governmental planning, for most educational experts it is the solution for all of the problems people have in terms of social and economic interference.

Education is a process of transformation that has to deal with the soul, the mind, the spirit and with the being itself. Nowadays the educational systems have gone through quantitative and qualitative analyses to identify the keys to success in order to accomplish achievements that many societies have reached and implemented through trial and error methods and methodologies which have undermined the significant educational task. A lot of countries have oriented their educational goals toward the developing of skills to allow the youth to understand the dynamic of getting money and economic welfare. But what has happened with the educational process that leads to the path of understanding and peaceful coexistence, the education that is not concerned about percentages, standardized tests and forms of evaluation that focused its attention to numbers and academic achievements measured through grades and minimum and maximum educational levels, the education that is centered in meeting each society's needs, the processes that respect and take into consideration cultural criteria of every place and group of habitants? In other words, we have left behind our main educational target which is to lead the students towards becoming a self-respecting socially conscious responsible human beings.

Let's analyse what have happened in the educational system.

In 1869, Costa Rica made education both free and mandatory for all its citizens. There are public elementary schools and high schools in every community. Private schools are scattered throughout the country, and there are public and private universities.

According to Human Development Report 2015, Costa Rica's HDI value for 2014 was 0.766—which put the country in the high human development category—positioning it at 69 out of 188 countries and territories.

Constructivism is used in teaching – learning process.

If we give a closer look to the facts outlined above then we can assure that we are on the right track but then we get slapped in the face because of the reality lived in our classrooms and in our daily life. Hundreds of children who drop out of the school system, unemployment and underpaid teachers who do not give their best in the classrooms and parents who delegate their responsibilities to schools and teachers, recent graduates from our universities who struggle finding a job and when they do so, knowing what they are meant to do, professionals dragged to follow the rules of automatized systems that do not consider the idea of learning beings.

Let's put an end to the upheavals in our educational system and let's concrete our educational targets by keeping in mind that our responsibility is to get rid of the concept that our brain is a "tabula rasa" to be filled with knowledge that can be the scaffolding to satisfy our needs and embrace the idea of promoting that education should be a transformative process in which human beings can find the right path to develop their creativity, feelings, thoughts and space to deal with the reality they deal with in their own society and time of existence.

Healing Through Teaching

By Clare Goodman (ILE Professor)



Last year I was asked to write about what teaching means to me and I wrote about motivation, but that task has taken on a different meaning and perspective. Life takes us in many different directions, but this direction was one that I thought I would not have to take at this time in my life. In my article, I wrote about Grettel, who was fighting breast cancer; sadly she passed away two months ago. It has been an extremely difficult time for me, but at the same time there are many things that I am also thankful for such as my family, friends and my job. I am very lucky to work in a great institution and have wonderful co-workers. I have found that through dealing and trying to cope with my grief, teaching has really helped me. I can say that coming to class, talking, interacting and listening to my students has truly taken on a new meaning. It is amazing how students can help us learn, focus on the moment, grow, and give us the energy we need as teachers in order to continue to love what we do. I want to dedicate this article to all of my students at UTN. I have learned to open my heart and really listen to my students on a different level. In turn, they have taught me so much. We can do this by creating a positive environment in which to learn. "We don't teach flowers to bloom; we ensure they have the best conditions in which to do so." Dane R. Pascoe, *The Zen of Teaching*. This quote really says it all; I feel that we as teachers have to create an environment in which students feel comfortable to express their thoughts and opinions. When teachers create a positive and supportive environment, we help our students feel comfortable to open up and talk to us

on a different level. It is important to create an environment in which learning happens. We need to be open to teachable moments not just stick to the curriculum. I read this quote "Create a classroom that enjoys the view --the destination will then arrive."-David Deubelbeiss, *A Reflective Journal*..

Teaching and truly being with our students teaches us how to live and focus on the moment at hand. I think this has benefitted me the most because I can engage with them and help them with what they need. It helps me focus on the moment, so I am not thinking about my situation. If we are in the Zen moment of teaching, then we are completely in the moment and those moments are priceless. I can think of a specific time when I was teaching the conversation club that I have volunteered for; students chose to talk about challenges in their lives and I thought in the beginning that this is going to be tough topic, but the students surprised me with their answers. They began to open up and in the end it felt like we were all friends sharing difficult moments in our lives and how we overcame them. There are many moments in the classroom that show a synchronized energy in which learning takes place on many levels, so teaching is good for our collective psycho-emotional health.

Furthermore, teaching is not a linear process it is an active process, which includes a lot of interaction amongst the students and the teacher. Here we can grow both personally and professionally and in turn this will help us to love what we do. "This is our goal as teachers to seek our own demise and be happy about that. Do not cling to your ego as a teacher but let it go and let the student find his or her own corners of learning". David Deubelbeiss, *A Reflective Journal*.

THE ILE ETHOS

During this difficult hardship of going through the grieving process and mourning the loss of someone has made me realize that we are only here for such a short time, so it is important what we do with the time we are given. I believe that teaching is a wonderful and noble profession that creates many Zen like moments in which we can truly live in the present. I want to invite teachers to take the time to get to know their students and experience the true Zen of teaching. I think you will be surprised at what you will find out about yourself, students and your teaching style. Please read the follow quote and try to reflect on your own life and your teaching process.

"The secret of teaching hinges upon one's ability to keep what you give. Teachers give a lot. We give of ourselves, in time, in emotion, in knowledge and understanding. The trick lies in being able to get energy from this, to be constantly renewed by ones giving. To NOT have energy sucked from oneself but to be constantly reenergized by the act of teaching. You have to keep what you give. How? In letting go. Just letting go and being immersed in the process. To stop counting what you get and give. To swim in the ALL"

-David Deubelbeiss, A Reflective Journal."



Image taken from: https://farm1.staticflickr.com/536/19609750352_ab99692e3d_h.jpg

The UTN community includes professors, administrative staff and students. Each individual has something to say about everything. In this section, we give the university community the opportunity to express what they feel about different school, country and world issues that in one or another way affect or impact our lives, feelings and opinions. This month we asked students:

What is the best childhood memory?

In fact there are two memories: when I played in the rain without my parents' permission, and the first time I went to the amusement park.

Ana Fernández

Definitely, the best memory I have is when my father gave me a bicycle for Christmas, and then he taught me how to ride it.

José Céspedes

The best childhood memory I have is when my friends and I went to the park to play that we were superheroes.

Stephanie Granados

I remember when my mother took my siblings and me to Puntarenas by train.

Mely Castro

I loved Christmas because I usually received many presents and ate too much.

Alejandra Esquivel

Once my dad gave me a box with cars. I did not like cars, but he was so excited with them that I decided to start playing with him.

Valeña Landeigren

In my case, my father did not live with me, so I was always looking forward to see him.

Daniel Azeia



It is when my mother told me I was going to have a sister. I was so excited. Now she is teenager, but for me she is still my baby.

Daniela Vega



Francisco Alvarado Park



Zarcero is the capital city of the canton of Zarcero in the province of Alajuela. The city lies at an elevation of 1,736 meters above sea level, 50 kilometers northwest of the provincial capital city of Alajuela. Zarcero is well known for its dairy products and local produce. As you drive along the road to the town, you will see small stands with what looks like big white balls hanging outside. Those are actually balls of cheese called palmito cheese, which are homemade, and a famous product of this region.

Other yummy local delights are the cajetas (caramel candy), cheese crackers, natilla (sour cream) and various other

produce.

Francisco Alvarado Park sits in front of the church at the town center. It is noted for its topiary garden produced and maintained by Evangelisto Blanco since the 1960s. Shrubs in the park have been trimmed into the shapes of various animals, including bushes shaped into gigantic green rabbits, a bullfight, a couple dancing, a monkey riding a bicycle, ox carts, and elephants.

Visitors and locals love to stroll through the arches and marvel at the various shapes that have taken form. It is the perfect place to take great pictures, while smelling the delicious fresh aroma of cypress trees.



Information taken from: <https://en.wikipedia.org/wiki/Zarcero>

Collaboration, Coordination and Cooperation

Collaboration, coordination and cooperation, we hear these words everywhere; however, they are different, so both employees and employers should be careful when using them.

Collaboration is working together to create something new in support of a shared vision. The key points are that it is not through individual effort, something new is created, and that the glue is the shared vision.

Coordination is sharing information and resources so that each party can accomplish their part in support of a mutual objective. It is about teamwork in implementation. Not creating something new.

Cooperation is important in networks where individuals exchange relevant information and resources in support of each other's goals, rather than a shared goal. Something new may be achieved as a result, but it arises from the individual, not from a collective team effort.

Something really important is that real collaboration requires relationship, trust, while cooperation does not. Too often in business we throw around buzz words, often interchangeably, without stopping to think what they really mean, especially when put into action. Having successfully built, led and nurtured cross-functional teams across company divisions and offices, it is clear that true collaboration depends on the organization's culture, as defined by its leader.

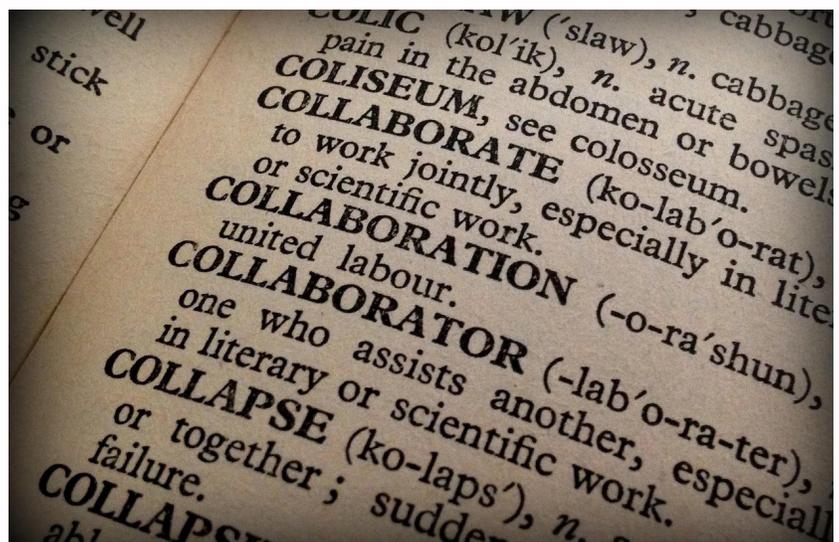
The way people usually work with these terms is hierarchical:

Coordination is about a mechanism of mutual adjustment.

Cooperation is about how each of us does his work so that we assure progress of our work.

Collaboration is about how we do our work together, so that we assure that progress.

In collaboration, the level of the mutual accountability is the highest.



SITUATION	FORMAL	RELAXED	INFORMAL
You're fed up with a situation and cannot deal with it any longer.	I am most dissatisfied with this situation and would like to be done with it.	I have had enough of this.	I've had it up to here with this.
You're concerned because you've done something wrong and if caught, you'll probably be punished.	I think that I am in the most awful pickle.	I'm in trouble.	I've had it.
You were extremely thirsty and just had a drink to quench your thirst.	Ah! That was of a satisfying nature and most welcomed in the current circumstances.	Ah! That was perfect	Ah! That really hit the spot.

Information taken from: Hot English Online Magazine #111 p.36

“ENGLISH FOR YOU CR” PRESENTS, FREQUENCY ADVERBS



We use frequency adverbs to talk about our daily routines, or other activities that we may or not may do on a regular basis. So, for example:

How often do you do this?

- I **always** take a shower after I get up. (this means I do this 100% of the time).
- I **usually** walk my dogs in the afternoon (this means, I do this 80% of the time).
- I **sometimes** call my friends on the phone (I do this 50% of the time).
- I **hardly ever** go to the supermarket in the morning (I do this 20% of the time or less).
- I **never** go to work wearing sandals. (I will do this if I go crazy one day!)

90 SECONDS WITH...

We see them walking around the UTN campus. They are always willing to help us when we need information, advice and guidance. UTN academic and administrative staff is an important element of the university. However, people hardly have the chance to meet them. In this section, we will try give you a glance of the other side of all those people who are behind UTN organization and functioning. In this issue, let's meet:

Dyalah Calderón, Clarinetist, Singer, Cook, Heavy Reader, Good Talker and UTN Academic Success Program Director.

Where do you live?

I am half from Orotina and half from Atenas. However, I grew up living sometime in Orotina and sometime in Curridabat. Now, I live in Sabana Larga, Atenas. The specific name is Calle Salas. All people living on this street are relatives.

Best childhood memory?

The peace there was in my childhood times in El Tigre de Orotina was incredible. I basically grew up on a farm, so I used to go hunting for quails, iguanas and some other small animals and also to go fishing. The peace was such that my mother did not find out the moment we left or when we came back. Something that I remember is that once we crossed a river in order to get to a pond that was located in a nearby farm, and we had a lot of fun. Well, the next week we went by the same river that we had crossed, and we saw a huge crocodile in the same place.



Favorite food

Being from the countryside I love especially typical food, but I also love seafood. On the other hand, something that I can't stand is the cream from the milk.

What is always in your fridge?

In my refrigerator, you will always find lots of milk. I grew up drinking a lot of milk.

Favorite Music?

I love a lot of music: romantic, Tex-Mex, Mexican, etc. I am one of those who does not pay attention to specific singer or bands. I listen to music based on how I feel.

90 SECONDS WITH...

Would you class yourself as a day or night person?

I am used to starting my day at 4:30 or 5 am. I work much better when I start early.

First job

Believe it or not, my first job was when I just graduated from Escuela Centro Americana de Ganadería (ECAG), and I received an offer to teach a course on animal artificial insemination.

A good book

Most books I have read are about my area of work; however, my mother-in-law gave me a book called War Games by Audrey Coulombis. The book is about how resistance comes in many forms. It explains a lot about tactics and strategy used when negotiating. War, in this case, is not only applied to physical battle but also to business or confrontation in general.

One of your favorite places

Again, since I love what I do, most of the places I like are the ones that have some relationship with my job, places where I can say I learned after I visited them. One of them was the Indio Hatuey Grass and Forage Experimental Station, in Cuba. It is incredible how much they do with the little they have.

What is your greatest fear?

As a family and traditionalist man my greatest fear is to see my children die. It is wrongly supposed that parents should live longer than their children. I know that is not for sure, but that is my greatest fear.

Tell me a joke or proverb you remember right now.

Of course, I always greet my friends by saying "bien portado, o como todo el tiempo" (well behaved or as usual). I have fun with it when I see people analyzing what to answer.

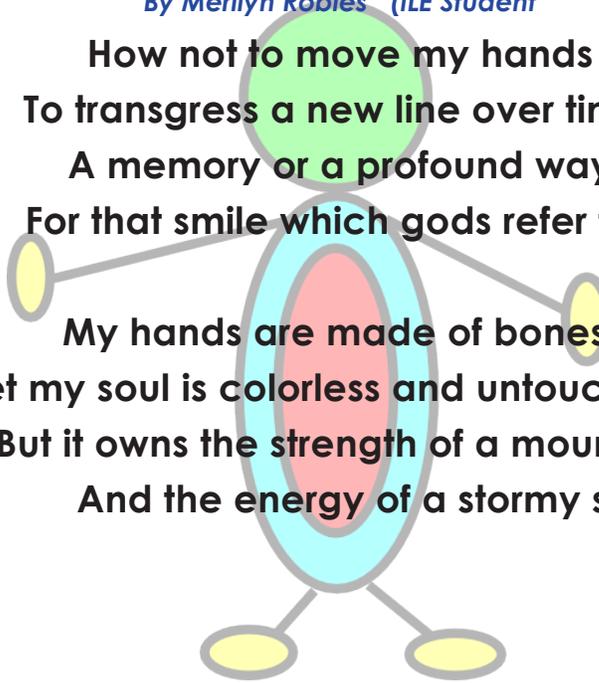


My Soul's Desire

By Marilyn Robles (ILE Student)

How not to move my hands
To transgress a new line over time,
A memory or a profound way
For that smile which gods refer to?

My hands are made of bones,
Yet my soul is colorless and untouchable,
But it owns the strength of a mountain
And the energy of a stormy sea.



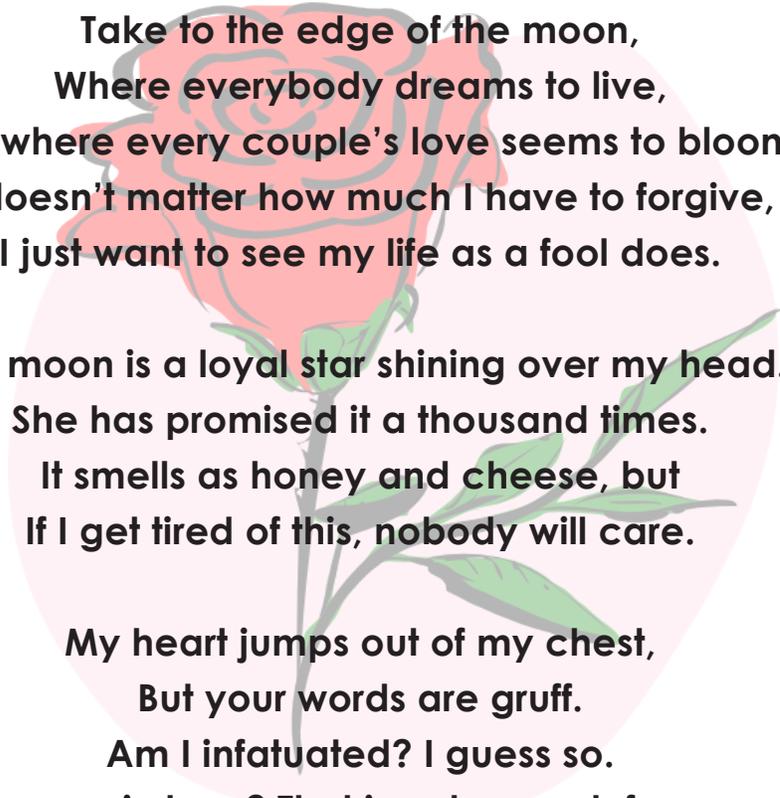
Foolish Love

By Marilyn Robles (ILE Student)

Take to the edge of the moon,
Where everybody dreams to live,
And where every couple's love seems to bloom.
It doesn't matter how much I have to forgive,
I just want to see my life as a fool does.

The moon is a loyal star shining over my head.
She has promised it a thousand times.
It smells as honey and cheese, but
If I get tired of this, nobody will care.

My heart jumps out of my chest,
But your words are gruff.
Am I infatuated? I guess so.
Are you in love? That is not enough for me.



THE ATTIC OF BERTHA MASON

A Transformational Theatre Production by The Little Theater Group of Costa Rica

By Jose Miguel Espinoza (ILE Student)

Hidden in the darkness, the witches waited for Macbeth to give him a prophecy. That is how Macbeth's play started to take everyone's breath with its mystery and its enchanting plot. The story was about a brave Warrior called Macbeth who would become a thane first and later he would be claimed king as the witches' prophecy said. He was to be the ruler of Scotland in time, but he was convinced by his wife Lady Macbeth to hurry this event.

Consumed by his ambition and thirst for power, Macbeth killed the King Duncan to take his crown along with his realm. However, there was a twist of events. He kept killing people to maintain his crime hidden and in that way avoid losing what he got unfairly. He struggled and hid his hands covered in fresh blood. On the other hand, Lady Macbeth was his comrade. She knew what he had done and wanted to keep things the way they were. Nevertheless, Macbeth was tormented by his guilt and insecurity. In the end, Lady Macbeth confessed the crime in her sleep and hung herself as a way to set her soul free from the guilt and the burden. In the last scene, the despicable traitor Macbeth was killed and Malcom became the rightful king of Scotland.

The play was performed outdoors under the starry night as the audience waited for the mystery to begin in the darkness. Macbeth was wonderfully performed by an awesome actor called Jesai Jayhmes who interpreted the killer and his comrade at the same time. He is known as a master speaker, writer, actor and director who has over 30 years in theater and entertainment industry.

Besides, this breathtaking play was complemented by the help of other professional actresses that were in charge of playing the three witches. Others helped backstage to make the magical event to happen. What made the performance unique was the use of flashlights and the darkness to give an enigmatic perception

to the audience. Because of these elements, people kept focused on the play right from the beginning.

What I liked the most was that the actor was able to perform more than two characters without getting confused. Every part of the play was prepared to take the audience's breath. Besides, actresses wearing black hoods made the acting more enchanting. Everyone was intrigued to know what would happen next even though they already knew the plot. Moreover, the interaction with the audience made the play more alluring and interesting. For this reason, people must see this play because it is completely original and different.

In addition, Jesai performed another play from Omar Khayaam's Rubalyyat Resurrected in which he told people that they always worry about meaningless things instead of enjoying life while it lasts. It was a sort of spiritual interpretation. Moreover, he invited the audience to be open-minded, and embrace their own existence. People were fascinated by his interpretation and professionalism. Every single word he spoke was accurate and got straight to the point.

What I liked about this second play was that the actor was capable of sharing deep thoughts about what to live in this world is. Somehow, the play connected all the audience spiritually. The setting was a garden where a white bed was placed to represent the character's own world. As a part of the second play, the whole audience took some time to propose a toast for life which was really meaningful and touching.

There is no doubt that Jesai's performance on Macbeth and Rubalyyat Resurrected is memorable since it caught everyone's attention and captivated senses all along. The whole audience enjoyed watching these spectacular performances in which mystery and deep thoughts were the most captivating elements.

SOME BRAIN TEASERS

A murderer is condemned to death. He has to choose among three rooms:

The first is full of raging fires, the second is full of assassins with loaded guns, and the third is full of lions that haven't eaten in 3 years.

Which room is safest for him?



Answer: *The third. Lions that haven't eaten in three years are dead.*

A woman shoots her husband. Then she holds him under water for over 5 minutes.

Finally, she hangs him. But 5 minutes later they both go out together and enjoy a wonderful dinner together.

How can this be?



Answer: *The woman was a photographer. She shot a picture of her husband, developed it, and hung it up to dry.*

Mary's father has five daughters:

1. Nana, 2. Nene, 3. Nini, 4. Nono.

What is the name of the fifth daughter?

Now how many could you answer?

Answer: *Nunu? NO! Of course not. The fifth daughter is Mary. Read the question again.*



Images taken from: <http://www.clker.com>

Jokes taken from: <http://bootstrike.com/LaughterHell/Smart/>



Can you name three consecutive days without using the words Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, or Sunday?

Answer: *Yesterday, Today and Tomorrow.*



If you overtake the last person, then you are...?

Answer: *If you answered that you are second to last, then you are wrong again. Tell me, how can you overtake the LAST person?*

This is an unusual paragraph. I'm curious how quickly you can find out what is so unusual about it? It looks so plain you would think nothing was wrong with it! In fact, nothing is wrong with it! It is unusual though. Study it, and think about it, but you still may not find anything odd. But if you work at it a bit, you might find out! Try to do so without any coaching!

Answer: *The letter "e", which is the most common letter in the English language, does not appear once in the long paragraph.*



Glogster

Glogster is a cloud-based platform for presentation and interactive learning. It allows users to mix all kinds of media on a virtual canvas to create multimedia posters, and access a library of engaging educational content created by students and educators worldwide. Glogster encourages interactive, collaborative education and digital literacy.

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Best of the Best



THIS MONTH IN HISTORY

IT HAPPENED IN MAY

May 1 st , 1776	Establishment of the Illuminati in Ingolstadt (Upper Bavaria), by Jesuit-taught Adam Weishaupt.
May 3 rd , 1845	The first black lawyer (Macon B Allen) admitted to the bar (Massachusetts).
May 6 th , 1937	Hindenberg disaster: The German zeppelin Hindenberg catches fire and is destroyed within a minute while attempting to dock at Lakehurst, New Jersey. Thirty-six people are killed.
May 10 th , 1497	Americo Vespucci allegedly leaves Cadiz for his first voyage to the New World.
May 12 th , 2002	Former President Jimmy Carter arrives in Cuba for a five-day visit with Fidel Castro becoming first President of the United States, in or out of office, to visit the island since Castro's 1959 revolution.
May 15 th , 1990	Portrait of Doctor Gachet by Vincent van Gogh is sold for a record \$82.5 million, the most expensive painting at the time.
May 19 th , 1995	World's youngest doctor, Balamurali Ambati, 17, graduates Mount Sinai.
May 25 th , 2010	Nestor Kirchner becomes President of Argentina after defeating Carlos Menem. He is the first elected President since the economic crisis.
May 29 th , 1661	Robbers stole \$5.5 million from a southern Iraqi state bank after giving guards tea laced with a sleeping drug.
April 29 th , 1977	NBC News & Information Service (24 hour news) ends on radio.

FAMOUS PEOPLE BORN THIS MONTH

PERSON	JOB	BIRTHDAY
	TV Actor	May 1 st , 1976
	Movie Actress	May 4 th , 1929
	Politician Wife	May 7 th , 1919
	Scientist	May 9 th , 1874
	Mucisian	May 17 th , 1961
	Civil Rights Leader	May 22 nd , 1930
	Wrestler	May 25 th , 1977

International Day for Biological Diversity

Biodiversity is the foundation for life and for the essential services provided by ecosystems. It therefore underpins peoples' livelihoods and sustainable development in all areas of activity, including economic sectors such as agriculture, forestry, fisheries and tourism, among others. By halting biodiversity loss, we are investing in people, their lives and their well-being.

The International Day for Biological Diversity (or World Biodiversity Day) is a United Nations-sanctioned international day for the promotion of biodiversity issues. It is currently held on May 22nd.

From its creation by the Second Committee of the UN General Assembly in 1993 until 2000, it was held on December 29th to celebrate the day the Convention on Biological Diversity went into effect. On December 20th, 2000, the date was shifted to commemorate the adoption of the Convention on May 22nd, 1992 at the Rio Earth Summit, and partly to avoid the many other holidays that occur in late December.

Costa Rica

Biodiversity is a resource with enormous potential, both for intellectual and economic purposes and as an instrument for a country's devel-



opment.

The tropical zones of the American continent (Neotropics), where Costa Rica is located, contain a greater diversity of species and ecosystems, as well as a broader range of interactions, compared with other tropical regions of the world. Obviously, this diversity is also much greater than that of temperate and cold regions.

With a land area of only 51.100 km² (0.03% of the planet's surface) and 589.000 km² of territorial waters, Costa Rica is considered to be one of the 20 countries with greatest biodiversity in the world. Its geographic position, its two coasts and its mountainous system, which provides numerous and varied micro-

climates, are some of the reasons that explain this natural wealth, both in terms of species and ecosystems. The more than 500,000 species that are found in this small country represent nearly 4% of the total species estimated worldwide. Of these 500,000 species, just over 300,000 are insects.

Costa Rica has a very comprehensive legal framework for the conservation and sustainable use of biodiversity. This has been strengthened with the enactment of the Biodiversity Law, approved in 1998, and the formulation of the National Strategy for the Conservation and Sustainable Use of Biodiversity, using a highly participatory process at the local and national levels.

PROVERB OF THE MONTH

A proverb is a short saying or sentence that is generally known by many people. The saying usually contains words of wisdom, truth or morality that are based on common sense or practical experience. It is often a description of a basic rule of conduct that all people generally follow or should follow. Proverbs can be found in all languages. In this month, in which we celebrate Biological Diversity Day, we want to share this Cree wise proverb:

“Only when the last tree has died,? the last river been poisoned,? and the last fish been caught? will we realize we cannot eat money.”

-Cree Proverb

Discovering Pura Vida

Remember if you want to read authentic stories made in UTN-ILE, you can find them in Discovering Pura Vida. The books are series of language learning and culture immersion original stories in English with an interesting way of learning Spanish. They are for kindle readers at the moment, but any PC or tablet can display them, too. Each book is \$3.99.



To buy the books and learn more about Discovering Pura Vida go to: [PURA VIDA](#)

PROGRAMA DE IDIOMAS



Description

Our language open courses have been designed to provide students an environment in which they can participate and role play everyday situations.

Experienced teachers and small groups complement a process applying appropriate foreign language learning strategies. Phonetic concepts are included to reinforce oral abilities in a way students can integrate other language skills, such as reading comprehension, listening, and grammar structures.

Besides, students are able to discuss and express their opinions on several topics regarding a variety of common interest issues such as sports, culture, pollution, social problems, and the like, by using proper grammar structures and pronunciation.

At the end of the program, students achieve an intermediate level of language production (B1 according to the Common European Framework) intended as satisfactory to fulfill their academic and professional requirements with native speakers.

Academic program

Our program consists of the following academic offerings:

English Introductory Level

(INGLES NIVELATORIO)



A basic two-month course designed to provide students elementary language tools.

Regular English Program

(INGLES REGULAR)



A two-year program in which students attend classes twice a week, morning or evening schedule, or only on Saturday mornings.

Intensive English Program

(INGLES INTENSIVO)



A twelve-month program in which students attend three times a week, morning or evening schedule.

English For Children and Teenagers

(INGLES PARA NIÑOS Y ADOLESCENTES)



A two-year program designed for children and teenagers up to 14 years old. Students attend classes on Saturday evenings.

Portuguese



A fourteen-month program in which students attend classes twice a week, morning or evening schedule, or only on Saturday mornings.

IMPORTANT INFORMATION

- Registration fee is not charged.
- Placement test (Optional).
- Age requirement: 15 years old minimum. (does not include the Children Program)

Further information: Tel. 2435-5000 ext: 1192-1193 or through e-mail programaidiomas@utn.ac.cr



WHY DO I TEACH?

I teach for I was a student once, and I know that sometimes some of us get lost during the struggle to learn. I want to stand for that beacon they can turn to if that happens.



ALONSO SALAZAR